# Breastfeeding Discrimination

It is unlawful under the Equal Opportunity Act 1984 (the Act) to discriminate against a person who is breastfeeding or bottle feeding.







**Direct breastfeeding discrimination** occurs when a person is treated less favourably because of breastfeeding or bottle feeding, compared to another person who is not breastfeeding, in the same or similar circumstances.

**Indirect breastfeeding discrimination** is when a requirement, condition or practice that is the same for everyone has an unfair effect on someone who is breastfeeding or bottle feeding, and is unreasonable in the circumstances.

# Where does the protection apply?

Under the Act it is unlawful to discriminate against a person because of breastfeeding in certain areas of public life, including:

- Work
- Education
- Access to places and vehicles
- Provision of goods, services and facilities
- Accommodation
- · Disposal of land or estate
- Clubs
- Application forms subject to exception.

# Responsibilities

Organisations must ensure they provide a working environment and services that are free from breastfeeding discrimination and they must take all reasonable steps to prevent it from happening or they may be held responsible for their employees' actions.

A person causing, instructing, inducing, helping or permitting another person to do something unlawful is the same as doing it, for the purpose of the Act.

# Making a complaint

A person who believes they have been discriminated against because of breastfeeding or bottle feeding can lodge a complaint with the Commissioner. The onus of proof lies with the person making the complaint.

The incident or incidents in the complaint must have occurred within the 12 months previous to the date you lodge your complaint.

In some circumstances the Commissioner may decide there is good reason, or good cause, to include incidents that occurred more than 12 months before the complaint is lodged.

The Commissioner for Equal Opportunity provides information about the Act, investigates and conciliates complaints, conducts community education and training and develops programs to promote equal opportunity.

## Examples of breastfeeding or bottle feeding discrimination

A woman was having dinner with friends and family at a restaurant when she asked a waitress to direct her to a more private area of the restaurant so she could breastfeed her baby. The waitress told the woman she would have to leave the restaurant if she wanted to breastfeed the baby.

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A mother previously attended a community centre and breastfed her child. When she returned to the centre, after paying her entry fee, a staff member took her aside and told her there had been complaints about her breastfeeding around the other children and if she wanted to breastfeed this time she would have to use another room

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A breastfeeding woman needed to bring her baby into her office to breastfeed him, however she was prevented from doing so because the baby was considered a 'visitor' and the office had a policy of not allowing visitors into the office during set hours, which included the times she needed to breastfeed.

### **Disclaimer**

The material in this brochure is not intended to be legal advice. The Commissioner expressly disclaims any liability in respect to anything done or not done to any person in reliance upon any of the contents of this publication.

> The Government of Western Australia www.wa.gov.au March 2025

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# **Exceptions**

There are some instances where it is not unlawful to discriminate agasint a person because they breastfeed or bottle feed and these exceptions include:

- Measures intended to meet special needs
- Rights or privileges granted to a person in connection with breastfeeding
- Orders of courts and tribunals
- The provision of charitable benefits
- Voluntary bodies admissions and benefits
- The ordination of priests or ministers of religion.

If an individual or organisation relies upon an exception under the Act when a complaint is made against them, they must justify the use of that exception to the Commissioner for Equal Opportunity.

# How to contact the Commission

eoc@eoc.wa.gov.au

By email

By visiting our website

www.eoc.wa.gov.au





@EOC.WA

@WA.EOC

**How to follow the Commission** 

**Address** 

By telephone

General enquiries:

Training courses:

Country callers:

Albert Facey House 469 Wellington Street PERTH WA 6000

Interpreter service: 13 14 50

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