



Help is Available

CBD – Joondalup – Mirrabooka

Crisis Care Helpline

Free call: 1800 199 008

(24/7 support)

National Domestic, Family and Sexual Violence Counselling Service

Free call: 1800 737 732 (1800 RESPECT)

Alcohol and Drug Support Line

Metro: 9442 5000

Country free call: 1800 198 024

13YARN

24/7 National crisis support
for Aboriginal and Torres Strait
Islanders

Phone: 13 92 76

Aboriginal Legal Service of WA

Free call: 1800 019 900

Phone: 9265 6666

Aboriginal Mediation Service

Free call: 1800 045 577

Phone: 9264 6176

Advocare

Confidential free helplines for
people at risk of, or experiencing
elder abuse in residential aged
care, home care and in families

Free call: 1800 655 566

WA Elder Abuse Helpline:
1300 724 679

Anglicare WA

Support and referral services

Phone: 1300 114 446

Australian Red Cross

Crisis care and support services

Free call: 1800 733 276

Perth

Phone: 9225 8888

Bluesky Community Group

Phone: 9376 9999

Centrecare

Phone: 9325 6644

Counselling and family
support services

Joondalup

Phone: 9300 7300

Midland

Phone: 9436 0600

Mirrabooka

Phone: 9440 0400

Chorus

In home and community
support for seniors, people
with disability or those seeking
mental health support

Free call: 1800 264 268

Circle Green Community Legal

Assistance with rental and
tenancy issues

Phone: 6148 3636

Citizens Advice Bureau WA

Phone: 9221 5711

Derbarl Yerrigan

Medical support services for
Aboriginal and Torres Strait
Islander people

Phone: 1300 420 272

Department of Communities

Free call: 1800 176 888

Joondalup

**Child Protection and
Family Support**

Phone: 6277 4111

Housing

Phone: 6215 1414

Mirrabooka

**Child Protection and
Family Support**

Phone: 6277 4999

Housing

Phone: 6414 3000

Perth

**Child Protection and
Family Support**

Phone: 6277 5222

Housing

Phone: 6215 1500

ELDERHelp

National Elder Abuse Helpline

Free call: 1800 353 374

Entrypoint

Referral service for people
who are or at-risk of becoming
homeless

Free call: 1800 124 684

Phone: 6496 0001

Ethnic Disability Advocacy Centre

Free call: 1800 659 921

Phone: 9388 7455

Kids Helpline

Free call: 1800 551 800

Lifeline

24-hour support and suicide prevention

Phone: 13 11 14

Men's Domestic Violence Helpline

Information and referrals for men who are concerned about their violent and abusive behaviours, and for male victims of family and domestic violence in WA

Free call: 1800 000 599

MensLine Australia

Support for men with relationship and family concerns

Phone: 1300 789 978

Mental Health Emergency Response Line (MHERL)

24-hour telephone service for people in the Perth metro area experiencing a mental health crisis. In an emergency call **000** or visit a hospital emergency department

Phone: 1300 555 788

Phone: 9224 8888

MercyCare

Support services for refugees and new arrivals to Australia

Phone: 9442 3444

Merriwa Community Hub

Support services for youth and family

Phone: 6298 9860

Metropolitan Migrant Resource Centre

Phone: 9345 5755

Multicultural Services Centre of WA Inc

Support services for migrants and refugees

Phone: 9328 2699

National Debt Helpline

Free call: 1800 007 007

National Disability Insurance Scheme (NDIS)

Access to disability services and funding support

Free call: 1800 800 110

Ngala Parenting Line

Free call: 1800 111 546

Phone: 9368 9368

Orana House Women's Refuge

Provides safe/crisis accommodation for women and children experiencing family and domestic violence

Phone: 9370 4544

Outcare

Support services to rebuild lives

Phone: 6263 8622

Relationships Australia

Support services for individuals, couples and families

Phone: 1300 364 277

RUAH Community Services

Support and referral services

Phone: 13 78 24

Phone: 9485 3939

Salvation Army

Support and referral services

Phone: 13 72 58

Streetlaw Centre WA Inc

Legal service for people who are or at risk of homelessness

Free call: 1800 752 992

St Vincent de Paul Society

Support and referral services

Phone: 1300 794 054

The Patricia Giles Centre

Support services and programs for women and children experiencing family violence or homelessness

Phone: 9300 0340

The Shopfront

Provides food relief, utilities assistance, clothing vouchers and bedding

Phone: 9371 9109

Uniting WA

Support and referral services

Phone: 1300 663 298

Merriwa

Phone: 9206 6200

Welfare Rights and Advocacy Service

Support and referral services

Phone: 9328 1751

Women's Domestic Violence Helpline

Support for women, with or without children, who are experiencing family and domestic violence in WA

Free call: 1800 007 339

Women's Legal Service WA

Free call: 1800 625 122

Phone: 9272 8800

Wungening Aboriginal Corporation

Support services for Aboriginal and Torres Strait Islander people experiencing substance abuse issues

Phone: 9221 1411

Mirrabooka

Phone: 6558 1041

Yorgum Healing Services

Support services for Aboriginal and Torres Strait Islander people

Free call: 1800 469 371

East Perth

Phone: 9218 9477

Youth Futures

Support and crisis accommodation for young people

Phone: 9300 2677

Youth Legal Service

Phone: 9202 1688

Youth Link WA

Provides emotional and social well-being services for young people aged 13 to 24 years

Free call: 1300 362 569

Phone: 9227 4300

CBD

Community Connections – Uniting WA

Crisis and drop-in centre for people who are homeless

Phone: 1300 663 298

Family Foundations Service

Support services for families who are or at risk of becoming homeless

Phone: 9220 1288

Helping Minds

Support and referral services for adults and youth experiencing mental health issues

Phone: 9427 7100

Manna Inc

Crisis and drop-in centre for people who are homeless

Phone: 1300 626 624

Ngulla Mia

Supported accommodation for those experiencing mental health issues

Free call: 1800 742 466

Passages Youth Engagement Hub

Support and assistance for young people experiencing homelessness

Phone: 9228 1478

Rainbow Project

Crisis and drop-in centre for people who are homeless

Phone: 9220 1288

St Alban's Soup Kitchen

Phone: 9328 8071

The Bridge Programme

Sobering up shelter

Phone: 9227 8086

Tranby Centre

Crisis and drop-in centre for people who are homeless

Phone: 9220 1288

Joondalup

The Spiers Centre Inc

Emergency relief, financial counselling and support programs to individuals and families in the northern suburbs

Phone: 9401 2699

Mirrabooka

MercyCare Lending Services

Interest free loans for white goods or education courses

Free call: 1800 268 472

Phone: 9442 3444

MercyCare Settlement Services

Support services for migrants

Phone: 1800 268 472

Mirrabooka Family Support Network

Phone: 1300 760 691

Naala Djookan Healing Centre

Integrated support services for families at risk of family and domestic violence

Phone: 9205 7555

Nollamara Uniting Aid

Support and referral services for City of Stirling residents

Phone: 9344 3840

Northern Suburbs Community Legal Centre

Phone: 9440 1663

Parkerville Therapeutic Family Service

Counselling and psychological support for children and parents

Phone: 9235 7000

The Metropolitan Migrant Resource Centre

Support services for migrants

Phone: 9345 5755

Wungening Aboriginal Corporation

Phone: 6558 1041

The information in this brochure is provided as a service to the community in good faith, and is believed to be reliable and accurate at the time of publication. The service providers listed on the brochure, whether internal or external to the Department of Communities are included solely for information purposes. External service providers manage their service independently of the Department. It is the reader's responsibility to make his or her own decision to use a service listed on the brochure.

Translating and Interpreting Service (TIS) – Telephone: 13 14 50

If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.

For more information visit: www.accesshub.gov.au/about-the-nrs