



## Help is Available

Fremantle –  
Kwinana –  
Mandurah –  
Rockingham

### Crisis Care Helpline

**Free call: 1800 199 008**

(24/7 support)

### National Domestic, Family and Sexual Violence Counselling Service

**Free call: 1800 737 732 (1800 RESPECT)**

### Alcohol and Drug Support Line

**Metro: 9442 5000**

Country free call: 1800 198 024

#### 13YARN

24/7 National crisis support  
for Aboriginal and Torres Strait  
Islanders

**Phone: 13 92 76**

#### 360 Health

Counselling, general and mental  
health support for Aboriginal  
and Torres Strait Islander people

**Phone: 1300 706 922**

##### Fremantle

Phone: 9431 7453

##### Mandurah

Phone: 6595 8850

##### Rockingham

Phone: 6595 8800

#### Aboriginal Mediation Service

**Free call: 1800 045 577**

Phone: 9264 6176

#### Advocare

Confidential free helplines for  
people at risk of, or experiencing  
elder abuse in residential aged  
care, home care and in families

**Free call: 1800 655 566**

**WA Elder Abuse Helpline:  
1300 724 679**

#### Anglicare WA

Support and referral services

**Phone: 1300 114 446**

#### Care Options

Supports independent living at  
home and in the community

**Phone: 9550 7888**

#### Chorus

In home and community  
support for seniors, people  
with disability or those seeking  
mental health support

**Free call: 1800 264 268**

#### Circle Green Community Legal

Assistance with rental and  
tenancy issues

**Phone: 6148 3636**

#### Citizen's Advice Bureau

Legal advice and referral service

##### Fremantle

Phone: 9335 4522

##### Kwinana

Phone: 9439 1251

##### Mandurah

Phone: 9535 3101

##### Rockingham

Phone: 9527 6671

#### Crisis Care Helpline

**Free call: 1800 199 008**

Phone: 9223 1111

#### Department of Communities

**Free call: 1800 176 888**

##### Fremantle

Child Protection and  
Family Support

Phone: 6277 3939

##### Housing

Phone: 6414 3222

#### Department of Communities (continued)

**Free call: 1800 176 888**

##### Kwinana

Child Protection and  
Family Support

Phone: 6277 3888

##### Housing

Phone: 6277 3877

##### Mandurah

Child Protection and  
Family Support

Phone: 6277 4777

##### Housing

Phone: 6277 3883

##### Rockingham

Child Protection and  
Family Support

Phone: 6277 3888

#### ELDERHelp

National Elder Abuse Helpline

**Free call: 1800 353 374**

#### Entrypoint

Referral service for people  
who are or at risk of becoming  
homeless

**Free call: 1800 124 684**

Phone: 6496 0001

#### Family Support Network

**Phone: 1800 199 008**

#### Headspace

**Phone: 9431 7453**

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### **Helping Minds**

**Phone: 9427 7100**

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### **Kids Helpline**

**Free call: 1800 551 800**

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### **Life Without Barriers**

Support and referral services

**Phone: 9208 3400**

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### **Lifeline**

24-hour support and suicide prevention

**Phone: 13 11 14**

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### **Men's Domestic Violence Helpline**

Information and referrals for men who are concerned about their violent and abusive behaviours, and for male victims of family and domestic violence in WA

**Free call: 1800 000 599**

Phone: 9223 1199

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### **MensLine Australia**

Support for men with relationship and family concerns

**Phone: 1300 789 978**

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### **Mental Health Emergency Response Line**

In an emergency call **000** or visit a hospital emergency department

#### **Metro**

Phone: 1300 555 788

#### **Peel**

Phone: 1800 676 822

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### **Multicultural Futures**

Support services for migrants and refugees

**Phone: 9336 8282**

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### **National Debt Helpline**

**Free call: 1800 007 007**

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### **National Disability Insurance Scheme (NDIS)**

Access to disability services and funding support

**Free call: 1800 800 110**

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### **New Hope Therapy**

Support and counselling services for mental health issues

**Phone: 9540 0910**

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### **Ngala Parenting Line**

**Free call: 1800 111 546**

Phone: 9368 9368

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### **Outcare**

Support services to rebuild lives

**Phone: 6263 8622**

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### **Palmerston**

Counselling services for mental health and substance abuse

#### **Fremantle**

Phone: 9430 5966

#### **Mandurah**

Phone: 9581 4010

#### **Rockingham**

Phone: 9550 9200

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### **Portcare**

Emergency relief support services

**Mobile: 0431 439 097**

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### **Richmond Wellbeing**

Mental health support services

**Free call: 1800 742 466**

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### **RUAH Community Services**

Support and referral services

**Phone: 13 78 24**

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### **Salvation Army**

Support and referral services

**Phone: 13 72 58**

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### **South Metro Community Alcohol and Drug Service**

#### **Fremantle**

Phone: 9430 5966

#### **Mandurah**

Phone: 9581 4010

#### **Rockingham**

Phone: 9550 9200

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### **Southern Communities Advocacy Legal and Education Service Inc (SCALES)**

**Phone: 9550 0400**

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### **St Patrick's Community Support Centre**

Emergency relief, crisis and transitional accommodation

#### **Fremantle**

Phone: 6372 4800

#### **Kwinana Outreach Service**

Phone: 9439 0200

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### **St Vincent de Paul Society**

Support and referral services

**Phone: 1300 794 054**

#### **Kwinana**

Phone: 9419 6652

#### **Mandurah**

Phone: 9535 9035

#### **Rockingham**

Phone: 9592 7816

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### **WA No Interest Loans Network Inc**

**Phone: 9263 2199**

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### **Women's Domestic Violence Helpline**

Support for women, with or without children, who are experiencing family and domestic violence in WA

**Free call: 1800 007 339**

Phone: 9223 1188

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### **Women's Law Centre**

**Free call: 1800 625 122**

Phone: 9272 8800

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### **Youth Futures**

Support and crisis accommodation for young people

**Phone: 9300 2677**

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### **Youth Link WA**

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Support services for young people aged between 13 and 24 years

**Free call: 1800 803 356**

Phone: 9227 4300

## Fremantle

### **Fremantle Community Legal Centre**

**Phone: 9432 9790**

### **Fremantle Street Doctor**

**Phone: 9432 0480**

## Kwinana

### **City of Kwinana and St Pat's Outreach Service**

Support for people experiencing homelessness

**Phone: 9439 0200**

### **Communicare**

Support services

**Phone: 9251 5777**

### **KEYS – Kwinana Early Years Services**

**Phone: 9439 1838**

### **Orange Sky – Drop-in Centre**

Laundry and showering facilities

Corner Medina Ave and  
Hoyle Road,  
Medina

### **Relationships Australia**

**Phone: 1300 364 277**

### **The Smith Family Darius Wells Library and Resource Centre**

Delivers services designed to improve outcomes for children and their families

**Phone: 9265 5555**

## Mandurah

### **Accordwest**

Financial counselling and emergency relief for people who are homeless

**Free call: 1800 115 799**

### **Billy Dower Youth Centre**

Support and counselling services for young people who are or at-risk of becoming homeless

**Phone: 9550 3670**

### **Calvary**

Crisis accommodation for young people aged 15 to 25 years

**Phone: 9581 1741**

### **Enable**

NDIS supported living services

**Phone: 9792 7500**

### **GP Down South – Peel**

Health and wellbeing services

**Phone: 9537 5500**

### **Halo Team Inc**

Support and referral services

**Phone: 9586 2245**

### **Housing Choices WA**

Affordable housing for low-income earners

**Phone: 9534 0400**

### **Lotus Support & Counselling Services Incorporated**

Support, mentoring and counselling for people experiencing homelessness and disadvantage

**Phone: 0491 640 320**

### **Money Mentors**

Financial counselling and support services

**Phone: 9581 1281**

### **Nidjalla Waangan Mia Aboriginal Health and Wellbeing Centre**

**Phone: 9586 4580**

### **OVIS Community Centre**

Crisis accommodation for victims of family violence

**Phone: 9535 4775**

Crisis Care: 1800 199 008

### **Passages**

Youth Engagement Hub

**Phone: 9583 5160**

### **Peel Community Care**

In home support for seniors and people with a disability

**Phone: 9531 2076**

### **Peel Community Legal Services**

**Phone: 9581 4511**

### **PeelConnect Incorporated**

Counselling, support and mentoring for people at risk of homelessness, mental health or addiction

**Phone: 0420 714 379**

### **Peel Youth Services**

Counselling youth and parent support

**Phone: 9581 3365**

### **Reconnect Mission Australia**

Support and referral services

**Phone: 9531 9400**

### **Wanslea**

Youth counselling and support

**Phone: 9245 2441**

Phone: 1300 969 645

### **WestAus Crisis and Welfare Services**

Referral service for people who are or at-risk of becoming homeless

**Phone: 9582 9920**

# Rockingham

## **Babbingur Mia**

Support services for Aboriginal and Torres Strait Islander people experiencing mental health or substance abuse issues

**Phone: 9550 0900**

## **Coastal District Care Centre**

Emergency relief support services for people who are homeless

**Mobile: 0416 413 849**

## **Lucy Saw Women's Refuge**

**Phone: 9527 6872**

## **South Coastal Health and Community Services**

**Phone: 9550 0900**

## **Southern Communities Advocacy Legal and Education Service**

**Phone: 9550 0400**

## **Wungening Aboriginal Corporation**

**Phone: 6558 1090**

The information in this brochure is provided as a service to the community in good faith, and is believed to be reliable and accurate at the time of publication. The service providers listed on the brochure, whether internal or external to the Department of Communities are included solely for information purposes. External service providers manage their service independently of the Department. It is the reader's responsibility to make his or her own decision to use a service listed on the brochure.

## **Translating and Interpreting Service (TIS) – Telephone: 13 14 50**

If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.

For more information visit: [www.accesshub.gov.au/about-the-nrs](http://www.accesshub.gov.au/about-the-nrs)