



Help is Available

Midland

Crisis Care Helpline

Free call: 1800 199 008

(24/7 support)

National Domestic, Family and Sexual Violence Counselling Service

Free call: 1800 737 732 (1800 RESPECT)

Alcohol and Drug Support Line

Metro: 9442 5000

Country free call: 1800 198 024

13YARN

24/7 National crisis support for Aboriginal and Torres Strait Islanders

Phone: 139 276

Advocare

Confidential free helplines for people at risk of, or experiencing elder abuse in residential aged care, home care and in families

Free call: 1800 655 566

WA Elder Abuse Helpline: 1300 724 679

Anglicare WA

Support and referral services

Phone: 1300 114 446

Bluesky Community Group

Emergency relief and support services for migrants

Phone: 9376 9999

Centrecare Family and Relationship Services

Counselling and family support services

Phone: 9436 0600

Citizens Advice Bureau WA

Phone: 9271 2500

Derbarl Yerrigan

Medical support services for Aboriginal and Torres Strait Islander people

Phone: 1300 420 272

Department of Communities

Free call: 1800 176 888

Housing

Phone: 6277 4343

Child Protection and Family Support

Phone: 6277 3999

Dreambuilders Care

Provides low-cost food, hygiene and cleaning items

Mobile: 0411 736 770

ELDERHelp

National Elder Abuse Helpline

Free call: 1800 353 374

Entrypoint

Referral service for people who are or at risk of becoming homeless

Free call: 1800 124 684

Phone: 6496 0001

Ethnic Disability Advocacy Centre

Free call: 1800 659 921

Phone: 9388 7455

Helping Minds

Phone: 9427 7100

Holyoake

Counselling services for people who use and those impacted by substance abuse

Phone: 9274 7055

Indigo Junction – Indi House

24 hour support and emergency accommodation and for young people aged 15 to 25 years

Phone: 9274 1611

Indigo Junction – Indi Place

Crisis and supported accommodation for parents under the age of 25 years

Phone: 9250 5256

Indigo Junction – Karnay Resource Centre

Support and referral services

Phone: 9274 7929

Men's Domestic Violence Helpline

Information and referrals for men who are concerned about their violent and abusive behaviours, and for male victims of family and domestic violence in WA

Free call: 1800 000 599

MensLine Australia

Support for men with relationship and family concerns

Phone: 1300 789 978

Mental Health Emergency Response Line (MHERL)

24-hour telephone service for people in the Perth metro area experiencing a mental health crisis.

In an emergency call **000** or visit a hospital emergency department

Metro

Phone: 1300 555 788

Peel

Phone: 1800 676 822

Midlas

Midland Information Debt and Legal Advocacy Services

Phone: 9250 2123

Midland Women's Health Care Place

Phone: 9250 2221

National Disability Insurance Scheme (NDIS)

Access to disability services and funding support

Free call: 1800 800 110

Parkerville Therapeutic Family Service

Counselling and psychological support for children and parents

Phone: 9235 7000

Sussex Street Community Legal Centre

Phone: 6253 9500

Women's Domestic Violence Helpline

Support for women, with or without children, who are experiencing family and domestic violence in WA

Free call: 1800 007 339

The information in this brochure is provided as a service to the community in good faith, and is believed to be reliable and accurate at the time of publication. The service providers listed on the brochure, whether internal or external to the Department of Communities are included solely for information purposes. External service providers manage their service independently of the Department. It is the reader's responsibility to make his or her own decision to use a service listed on the brochure.

Translating and Interpreting Service (TIS) – Telephone: 13 14 50

If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.

For more information visit:

www.accesshub.gov.au/about-the-nrs