

# Cyber Security Awareness Month

## Multi-factor authentication



Passwords aren't always enough to protect against skilled attackers. **Multi-Factor Authentication (MFA)** provides extra security by asking for more than just a password, adding another layer of protection.

### Something You Know

refers to information that you remember, like a password, PIN, or the answer to a security question.

### Something You Have

refers to a physical item you possess, such as a phone, a Multi-Factor Authentication (MFA) token, or a time-based code sent to your phone.

### Something You Are

means using your unique biological traits, such as fingerprints, facial and retina features, or voice, for authentication.

